Sandwiches and Baguettes

All served with a garnish and crisps

Sandwiches Baguettes

Cheese	£5.55	£6.55
Ham	£5.55	£6.55
Egg & mayonnaise	£5.65	£6.65
Tuna & mayonnaise	£6.75	£7.75
Prawn with marie rose sauce	£6.95	£8.15
BLT- bacon lettuce & tomato	£7.15	£8.15
CLT– chicken, lettuce, mayo & tomato	£7.15	£8.15
2 Bacon	£5.95	£6.95
2 Sausage `	£5.95	£6.95
2 Bacon and 2 sausage	£7.15	£8.15
2 Bacon and 2 egg	£7.15	£8.15
2 Sausage and 2 egg	£7.15	£8.15

Add A Full Bag Of Crisps £1.20

All locally sourced, gluten free and vegan friendly. Lightly salted, Salt and Vinegar Bacon and Tomato, Roasted Rib of Beef Cheese and Onion, Sweet Chilli

Filled and cooked on our panini press, served with a garnish and crisps	
Ham & cheese	£6.95
Ham & tomato	£6.95
Cheese & tomato	£6.95
Cheese & onion	£6.95
Tuna melt	£7.45
Bacon, brie & cranberry	£7.95
Chicken and sweetcorn	£7.95

Panini's

Grandma's Cream Tea for 1 person £5.95

Daily homemade fruit scone served with butter, Tiptree strawberry jam, Rodda clotted cream and a pot of English tea or cafeteria for one.

Snacks

Homemade scone served with butter. £2.10 Fruity toasted tea cake served with butter £2.10 Cake available - please ask staff for a dessert menu



Treat yourself or loved one with an Afternoon Tea For any occasion, pre-book today with one of our staff members From £17.95per person (Children's Teas Available)

Selection of cheese & pickle, ham & cucumber sandwiches, salmon & cream cheese bagel and egg mayonnaise brioche buns.

Traditional homemade cupcakes, selection of homemade pastry treats and a homemade fruit scone, Tiptree jam, Rodda's clotted cream,. Finished with fresh strawberries and a salad garnish, unlimited leaf tea or Filtered coffee (qf v)

Allergies? Don't worry, We know there are allergens in our food and drink and although we do our upmost to accommodate these we can not guarantee allergen free as these products are kept on site. We have marked all dishes with V if available for vegetarians and also GF if the dish is available in gluten free. Please let a member of the team know if you have any specific allergies or requirements.

Welcome to

The Cook House at





Family run business Established since 1996

34 Frinton Road, Holland-on-Sea, Essex, CO15 5UL 01255 815583



Grandma's Appetizer

Homemade soup of the Day £6.25 Freshly made soup served with a crusty bread roll.

Ask a member of staff for Soup flavour of the day.

Classic Prawn Cocktail £7.25

Go retro with an old school classic. Juicy prawns tossed through a marie rose sauce on a bed of shredded lettuce served with fresh lemon.

Creamy Garlic Mushrooms v £6.45 Juicy mushrooms pan fried in garlic butter, covered in cream and seasoned with fresh herbs.

Halloumi Fingers £6.95

Flavour full grilled cheese halloumi fingers and served with chopped chilli and spring onions with a smoky BBQ sauce.

Nachos £7.45

Crispy nachos topped with chicken and melted cheese served with sour cream, guacamole and Salsa.

> Want some heat?? Add some jalapeños to your Nachos £1.00

Light Luncheons

House Salads GF

nenners

Light and fluffy 3 egg omelette with your choice of filling and served with chips or salad. From £6.95		
Choose from- cheddar cheese, gammon ham, mushrooms, onions, tomatoes	£1.00 each filling	
Try our fully loaded Spanish omelette Peas, onions, potato, peppers and tomato	£10.95	
lacket Detetees CC		

Jacket Potatoes GF

Omelette GF

Crispy oven baked potatoes served with butter, coleslaw and side salad

Choose your favourite topping;	
cheese, ham or baked beans	£7.75
tuna or prawn	£8.75
bacon melt or chilli con carne	£8.75

Add an extra topping for £1.00

with a choice of dressings available.	
Choose your topping from;	
Honey and Mustard Roasted Gammon	£8.95
Mature Cheddar Cheese	£8.95
Tuna and Mayonnaise	£9.75
Prawn in Seafood Sauce	£9.75
Freshly Grilled Halloumi	£9.75

Take the healthy option with house salad. Fresh mixed

salad leaves, tomato, cucumber, onion, carrot and

Add a bit of crunch with a side of coleslaw £2.10



Served with onion gravy and peas

Vegan Nut Roast	£13.95	
served with roast potatoes, Yorkshire pudding a	and daily fresh	vegetables.
Cottage Pie GF	£11.25	Veget
All the flavour of a cottage pie without the mea Served with fresh vegetables	t.	Bad Boy
Vegetarian Lasagne	£11.95	Served in
Traditional lasagne layered with roasted vegeta	ibles	Vegetari
served with chunky chips or salad.		2 sausage
Vegan Chilli Corn Carne GF	£10.45	mushroo
Served with chunky chips or rice		Vegan F
Vegan Quorn Cumberland Sausage and Creamy Mash GF	£10.75	2 sausage and bear



etarian Grills

Bad Boy Bean Burger	£11.95	
Served in a brioche bun with salad ar	nd basket of chips	
Vegetarian Fry up	£10.95	
2 sausages, 2 hash, 2 eggs grilled tom mushrooms and beans	ato	
Vegan Friendly Fry up	£9.95	
2 sausages, 2 hash, grilled tomato mushrooms and beans		
Vegan Cumberland Sausages, Egg, Chips and beans	£9.95	

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BBQ Chicken Melt £13.95

A whole butterfly chicken breast grilled, topped with sticky BBQ sauce crispy bacon and cheese. served with chunky chips, peas and grilled tomato.

Gammon Steak £13.95

8oz tender gammon steak grilled with pineapple and fried egg. Served with chunky chips, peas and tomato.

All Day Breakfast £11.95

2 bacon, 2 sausage, 2 egg, 2 hash, beans, tomato and mushrooms

£9.25
£9.25
£9.25
£10.95
£9.95
£6.95

Grandmas House Favourites

Pie of the Day £13.45

Our famous homemade pastry makes mouth watering pies. Deep filled with good quality, locally sourced meats not to leave you disappointed. Served with roast potatoes and seasonal fresh vegetables.

Grandmas Pudding £14.50

Our signature dish from 1996. Individual homemade suet puddings filled with tender steak and kidney and rich gravy, just like grandma made. Served with roast potatoes and daily fresh vegetable.

Roast Chicken or Beef £13.95

Mouth watering, succulent meat served with homemade Yorkshire pudding, roast potatoes and fresh seasonal vegetables.

Traditional Rosemary Roasted Lamb £14.95

Mouth watering, succulent meat served with homemade Yorkshire pudding, roast potatoes and fresh seasonal vegetables.

Cottage Pie GF £11.25

Individual homemade pies using 100% mince beef mixed with onions and vegetables that's bursting with flavour. Topped with creamy mash and cheese that's melted till crisp served with seasonal fresh vegetables.

Homemade Beef Lasagne £11.95

Traditional lasagne layered with minced beef or roasted vegetables in a rich sauce topped with a cheese béchamel sauce, served with chunky chips or salad.

Chilli Corn Carne GF £10.45

Homemade chilli using the finest beef. Served with chunky chips or rice

Cumberland Sausage and Creamy Mash (GF available) £11.75 Served with onion gravy and peas

Breaded Scampi £13.95

10 pieces or juicy scampi served with chunky chips, peas, lemon wedge and tartar sauce.

2 Fish Cakes £11.45

Served with chunky chips and peas or house salad.

Gourmet Angus Beef Burgers and Breaded Chicken Burgers

All served in a toasted brioche bun with salad and chips

6oz Beef burger	£11.95
6oz burger topped with Cheese	£12.45
6oz burger topped with bacon and cheese	£12.95
The mighty Fully Loaded	£14.45
2x 6oz beef burgers topped with cheese an	d 2 onion rings

Breaded Chicken fillet burger	£10.95
Breaded Chicken topped with bacon	£11.95
Chicken Stacker Burger	£13.45
Breaded chicken fillet stacked with bacon,	
crispy hash brown and cheese	

Add Extra Toppings; Cheese/Pineapple -£1.00 Bacon or Egg -£1.40 Or double up your burger for £1.75

Extra Sides

Chunky chips £3.25 Cheesy chips £3.95 Sweet potato fries £3.75 Roast potatoes £3.45 Veg medley £3.45 Gravy boat £1.90 Chunky slaw £2.10 10 Onion rings £2.95

SET BREAKFASTS

ALL SERVED WITH TOAST, BREAD AND BUTTER OR FRIED SLICE	
SET A 2 Bacon, 1 sausage, egg and beans	£5.95
SET B 2 Bacon, 1 sausage, 1 hash, mushrooms, egg and beans	£6.95
SET C 2 Bacon, 2 sausage, 2 hash, mushrooms tomato, egg and beans	£8.95
SET VEGGIE 3 quorn sausages, 2 eggs, mushrooms, t 2 hash, beans	£8.95 omato,
SET VEGAN 3 quorn sausages, mushrooms, tomato, 2 hash, beans	£6.95
SLIMMERS BREAKFAST- (grilled) 1 bacon, 1 poached egg, mushrooms, grilled tomato, beans	£5.95
Extra Items or	

Build your own breakfast

Fried slice/toast (1) £1.20 Mushrooms £1.50 Hash (2) £2.10 scrambled egg (2) £1.90 Fried/poached egg (1) £1.30 Baked beans £1.00 tinned/fresh grilled tomatoes £1.00 sausage (1) £1.30 Bacon (1) £1.30 Black pudding £1.50 Chunky chips £3.25 Sweet potato fries £3.75

Omelette GF

From £6.95

Light and fluffy 3 egg omelette with your choice of filling and served with chips and beans

Choose from;

cheddar cheese, gammon ham,	Fillings £1.00
mushrooms, onions or tomatoes	each
Breakfast omelette	
sausage, bacon and cheese	£9.95

Brunch from the Grill

2 sausage, egg, chips and beans	£9.25
2 bacon, egg, chips and beans	£9.25
1 sausage, 1 bacon, egg, chips and beans	£9.25
2 sausage,2 bacon, egg, chips and beans	£10.95
gammon ham, 2 eggs and chips	£9.95
2 egg and chips	£6.95

Light Breakfast Snacks

2 slices or thick white tiger or wholemeal bloomer topped with the following-

Eggs on toast	£5.25
fried, poached or scrambled	
Baked beans on toast	£5.25
Mushrooms on toast	£5.95
Mature cheddar cheese on toast	£6.45

Muffins or Bagels £6.45

served with 2 hash browns

sausage, egg and cheese or bacon, egg and cheese

Salmon and Cream Cheese Bagel £7.25

Served with garnish

Toasted bagel with cream cheese, layered with fresh smoked salmon. add a juicy poached egg for £1

Belly Busta Bap £8.75

Feeling hungry? Take on the fully loaded bap full with beef burger, cheese, crispy bacon, pork sausages, fried egg served with a hash brown

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2 Sausage and 2 egg	£7.15	£8.15

Homemade scone with butter	£2.20
Fruity toasted tea cake with butter	£2.20
2 toast with butter	£2.50
Gluten free toast with butter	£2.75
Portion of jam or marmalade	£1.00
Additional butter	30p

Grandma's Cream

Tea £5.95

Homemade scone served with butter, Tiptree strawberry jam, Rodda's clotted cream and pot tea for one

Panini's

Served with a garnish & crisps		
Ham & cheese	£6.95	
Ham & tomato	£6.95	
Cheese & tomato	£6.95	
Cheese & onion	£6.95	
Tuna melt	£7.45	
Bacon, brie & cranberry	£7.95	
Chicken and sweet corn	£7.95	

Breakfast Panini's

£8.25 each served with 2 hash browns bacon, egg and cheese sausage, egg and cheese bacon, tomato and egg Sausage, tomato and egg



Treat yourself or loved one with an Afternoon Tea For any occasion, pre-book today

From £17.95 per person (Children's Teas Available) **24 hour notice for bookings is required

Available for home delivery or to have at the tea rooms. Gift cards also available

Why not upgrade your Afternoon Tea with a bottle of Prosecco...celebrate your occasion in style Ask a member of staff for more details